**Pregnancy Guidelines**

**1st Trimester**

~Optional Testing: genetic carrier screen AND/OR chromosomal screening

**2nd Trimester**

~16-18 Weeks: AFP Lab Work

~18-20 Weeks: Anatomy Sonogram

**3rd Trimester**

~Schedule classes for 28-32 weeks (Access Parent Education from our website or GBMC.org)

~Start search for a pediatrician (decide prior to delivery)

~24-28 Weeks: Glucose and Anemia Screening

~Tdap vaccination after 27 weeks and prior to 36 weeks

~36-37 Weeks: GBS Testing

~36 Weeks: Talk about Labor!