

Pregnancy and Postpartum Therapy Resources

Therapist	Phone	Location	Specialty	Accepts Insurance
Carli Frankiln	443-323-2449	Towson	Mood Disorders	Yes
Kate Bagli	410-377-8823	Towson	Therapist	Yes
Dr. Safiyah-Abdul-Rahman	443621-0391	Lutherville	Psychiatry for women's mental health	Yes
Dr. Allison Miller	443-330-2146	Lutherville	Perinatal Mood Disorders	Out of Pocket
Dr. Lauren Elliott	443-637-2948	Towson	Anxiety and Depression	Yes
Julie Brownley	667-206-6841	Towson	Postpartum	Out of Pocket
Dr. Dave Adeleye (Nurse Practitioner)	443-991-8093	Towson	Anxiety, Postpartum etc.	Yes
Nurtured Well, LLC	443-775-3314	Towson	Depression, Anxiety	Yes
Taylor Hollingsworth	443-727-1166	Baltimore	Mood Disorders	Yes
Erika Seitz, LCSW-C Valley Women's Wellness	410-703-5691	Timonium	Mood Disorders, Loss Fertility Anxiety	Yes
Leeann Randow	240-541-5639	Frederick, Md.	Grief, Loss, Trauma	Yes
Perissos Therapy	410-709-8437	Lutherville	Mental Health, Family and Pregnancy Support	Out of Pocket
Sarah Donovan, LCPC	(410) 298-8489	Lutherville	Mental Health, Family and Pregnancy Support	Out of Pocket
Open Lines Counseling	410-324-6809	Roland Park	Pregnancy and Postpartum Support	Yes
Johns Hopkin's Women's Mood Disorder	410-502-7449	Baltimore City	Pregnancy and Postpartum Mood Disorders	Yes
Postpartum International	1-800-944-4773	National Organization	Postpartum Depression and Anxiety	Weekly online groups

The GBMC Parent Education Program makes every effort to continue updating care providers in the area that are currently accepting new patients. Our list of area providers has been gathered through client and care team recommendations.